



# Bournemouth Arrow CC

## Chris Braiden Memorial

### 10 Mile Time Trial

Promoted for and on behalf of Cycling Time Trials under their Rules and Regulations

**Course:** P311  
**Date:** Saturday 21 August 2021  
**First Rider:** 2:01pm  
**Last Rider:** 2:43pm

**Timekeepers:**  
**Start** Mr Joey Blythe  
**Finish** Mr Julian James  
**Recorder** Mr Peter Fairbank

**Event Secretary:**  
Matt Blythe,  
10 Patrick Row,  
Poole,  
BH17 8AD  
E-mail: [matt.blythe.mb@gmail.com](mailto:matt.blythe.mb@gmail.com)  
Mobile: 07946 447669

**The event headquarters are:**

**Greyfriars Community Centre (the Activity Centre)**  
**44 Christchurch Road, Ringwood, Hampshire BH24 1DW**

see <https://www.greyfriarsringwood.org.uk/portfolio-items/activities-centre/>

The activity centre is a separate building to the rear of the main Greyfriars building and is immediately next to the Blynkbonnie car park. The HQ is approx 500 metres from the start. Toilets are available. Refreshments will also be available.

**NUMBERS & SIGNING ON WILL BE AT THE EVENT HEADQUARTERS, NOT AT THE START.**

Please use the Blynkbonnie Car Park (accessed via a signed access road from Christchurch Road) or if full, The Furlong Car Park. (see <https://www.ringwood.gov.uk/town/car-parking/>)

Please bear in mind these are pay and display public car parks and consider your warm-up plans given this is a Saturday afternoon in August in a tourist area. Allow yourself plenty of time.

**There is no parking space at the finish.**

## P311 Course Description:



**START** at first lamp post in Wellworthy Road, proceed west for 30m to new roundabout at Ringwood on B3347.(SU153044)

Turn left onto Christchurch Road, proceed south via Bisterne and Avon to Sopley one-way system. (5.2m)

Turn right over bridge at the Woolpack and retrace to Ringwood via Avon and Bisterne to

**FINISH** at drain 10 yds south of junction with Hampshire Hatches Lane at Moortown Green. (SU153038)

### Safe Route from HQ to the Start:

Right out of HQ/roundabout. Head South along Christchurch Road, straight over the first roundabout continuing on Christchurch Road. Left at the next (Lidl) roundabout onto Wellworthy Road. Start is opposite Lidl car park.

### Safe Route from Finish to HQ:

Continue past finish on Christchurch Road and retrace steps above.

## SAFETY INSTRUCTIONS

Riders must:

- Not make U turns in the vicinity of the Start or Finish
- Not warm up on the Course.
- Not stop at the Finish but continue to the event Headquarters.
- Not cut the corner at Sopley one-way system on 1<sup>st</sup> right turn as the road is two-way at this point.
- **Take Extra Care:-**
  - From start to Moortown Lane – busy with houses and side roads, busy garage on left, finish on right.
  - Avon Tyrrell Farm - sharp bend with possible gravel.
  - Avon Causeway - beware of traffic stopping to turn right or emerging onto course.
  - Bumpy surface on bridge at Sopley turn and at entrance to wooded section on outward leg.
  - Gravel on the side of the road just after the finish.

**No competitor shall be permitted to start the event unless such competitor has affixed to the rear of their machine a working rear red light, either flashing or constant, that is illuminated and in a position that is clearly visible to other road users.**

**All competitors under the age of 18 years and/or Juniors must wear a properly affixed helmet which must be of hard/soft shell construction.**

see: <https://www.cyclingtimetrials.org.uk/articles/view/11>

**Any rider observed riding in a manner which may jeopardise his or her own safety, the safety of others and the future of the Sport, will be disqualified and reported to the South District Council of Cycling Time Trials.**

## PRIZES (One prize per rider.)

First solo	£40	First lady	£15
Second solo	£25	First junior/juvenile	£15
Third solo	£15	First Team (2-up TT)	£40/team